SenLife

You know your child best.

Help school see what you see.

SenLife, a FREE app that turns everyday moments at home into a clear picture of your child.

Bridging the gap between school and home.



BUILT BY PARENTS

Whether something just feels different, school has raised a concern, you are waiting for an assessment, or your child already has a diagnosis, SenLife helps you stay organised and feel heard.

How SenLife helps you

Understand your child

Spot patterns across sleep, mood, triggers and what helps. Small things start to make sense.

Feel heard

Walk into every meeting with organised evidence, not just memory. Communicate what you know, clearly.

1 picture: home and school

When school sees what you see, the right support can be agreed sooner.

Getting started takes five minutes

1 Download

Free on the App Store and Google Play. Search SenLife or scan the code below.

2 Record

One minute a day, by voice or text. How was today? What did you notice?

3 See the patterns

Your entries become a clear, organised report you can read in minutes.

4 Share with school

Invite your child's teacher or SENCO or simply send school your insight report.

- ✓ **You are in control.** The account is yours. You decide who sees what, and you can change your mind at any time.
- ✓ **No labels, no diagnosis.** SenLife does not diagnose. It organises what you see so the professionals who support your child can act on it.
- ✓ **Private and secure.** Your child's data is protected under UK GDPR and never sold or shared.
- ✓ **Free to use.** The basic plan costs nothing, for you or for the school. No card, no commitment.

1,000+
families already using SenLife

"A 360° life change. He's happier, and I feel empowered to help him." Katy felt unheard for years. Once her son's school could see her SenLife reports, support was in place before he started secondary.

Katy, SenLife parent

GDPR · Class I UK MD PENDING · Cyber Essentials · NHS DCB0129 PENDING

Questions? Contact jo@mysenlife.com · Free on the App Store and Google Play